

SEDATION – PATIENT INFORMATION

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What is sedation?

If you are anxious about the treatment that you are receiving or if the surgeon considers the surgery too advanced to do with numbness alone, then a sedative drug may be useful to make your experience more pleasant.

Unlike a General Anaesthetic, it does not render you completely unconscious, just drowsy, sleepy and relaxed enough for you to not be aware, or not care much about the procedure.

The drug is given through a small piece of plastic that lies in your arm or hand. It is given gradually, and you will notice the effect within a few minutes. The drug is safe and avoids the substantial risk of a General Anaesthetic.

Avoiding General Anaesthesia means that you do not have to attend a full hospital theatre as the procedure can be performed routinely on a dental chair. Sedation lasts approximately 30-40 minutes, during which time the surgery would be completed. Once you are fully awake and able to walk freely with minimal assistance, you would be free to return home to rest for the remainder of the day.

We fully expect that your appointment will go very smoothly.

Before the procedure

Your allocated time is an ARRIVAL TIME, and not necessarily the time that you will be treated. There are a number of arrangements that are required before your treatment can start, so please arrive on time.

You should inform us of any allergies you have and any medical conditions you have ever been diagnosed with, even if you believe that they are not relevant to your oral surgery treatment.

Take all your regular medications as normal, unless instructed otherwise.

Bring a list of any medications you take, and if you have had any blood tests within the few days prior to your appointment, bring the results with you.

You must inform us if you could be pregnant or are breast-feeding.

You must bring a responsible adult escort with you, who will be responsible for you, before, during and for 24 hours after the procedure. They must not be responsible for anybody else in the meantime, including children, so alternative arrangements will need to be made for anybody else under their care.

You can have a light meal up to 2 hours before treatment, unless instructed otherwise

You must wear flat comfortable shoes and loose clothing which will allow your sleeves to be easily rolled up.

You must not wear false nails or nail polish as this will interfere with a small medical monitoring peg that is placed on your finger.

You must not drink alcohol for at least 24 hours prior to the procedure.

Remove all jewellery where possible and leave them at home.

After the procedure (for 24 hours)

You should travel home with your escort by car or taxi. Public transport is not advised

You must stay resting at home and always be accessible to your escort

You must not operate any machinery including domestic kitchen appliances

You must not make any serious decisions or sign any legal documents

You must not drive

You must not drink any alcohol

Questions

You will have plenty of opportunity to ask any questions that you have. It is vitally important that you understand everything before agreeing to the procedure.

Feedback and Testimonials

We welcome feedback suggestions at any time during your care. Patients often wish to be filmed for a brief video recording to inform other patients of their experience. If you would like to volunteer for a quick interview, it would be greatly appreciated, so please do let us know at any time. Obviously, you are under no obligation whatsoever to do so. We do not use patients' names when filming.

Contact

If you have any queries, feel free to contact the clinic